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Tuolumne Free Climbs Sep 09 2020 Tuolumne Free Climbs features 110 of the best alpine, traditional, and sport climbs in Tuolumne Meadows. Each climb offers an elegant line, views of the park, exceptional rock quality, and fascinating histories. Most climbs are 5.5-5.10 with solid protection. Though these climbs are especially appealing to Tuolumne newcomers, climbers of all experience levels and ability will enjoy them.
Learn Azure in a Month of Lunches, Second Edition Jan 02 2020 Learn Azure in a Month of Lunches, Second Edition, is a tutorial on writing, deploying, and running applications in Azure. In it, you'll work through 21 short lessons that give you real-world experience. Each lesson includes

a hands-on lab so you can try out and lock in your new skills. Summary You can be incredibly productive with Azure without mastering every feature, function, and service. Learn Azure in a Month of Lunches, Second Edition gets you up and running quickly, teaching you the most important concepts and tasks in 21 practical bite-sized lessons. As you explore the examples, exercises, and labs, you'll pick up valuable skills immediately and take your first steps to Azure mastery! This fully revised new edition covers core changes to the Azure UI, new Azure features, Azure containers, and the upgraded Azure Kubernetes Service. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the technology Microsoft Azure is vast and

powerful, offering virtual servers, application templates, and prebuilt services for everything from data storage to AI. To navigate it all, you need a trustworthy guide. In this book, Microsoft engineer and Azure trainer Iain Foulds focuses on core skills for creating cloud-based applications. About the book Learn Azure in a Month of Lunches, Second Edition, is a tutorial on writing, deploying, and running applications in Azure. In it, you'll work through 21 short lessons that give you real-world experience. Each lesson includes a hands-on lab so you can try out and lock in your new skills. What's inside Understanding Azure beyond point-and-click Securing applications and data Automating your environment Azure services for machine learning, containers, and more About the reader This book is for readers who can write and deploy simple web or client/server applications. About the author Iain Foulds is an engineer and senior content developer with Microsoft. Table of Contents PART 1 - AZURE CORE SERVICES 1 Before you begin 2 Creating a virtual machine 3 Azure Web Apps 4 Introduction to Azure Storage 5 Azure Networking basics PART 2 - HIGH AVAILABILITY AND SCALE 6 Azure Resource Manager 7 High availability and redundancy 8 Load-balancing applications 9 Applications that scale 10 Global databases with Cosmos DB 11 Managing network traffic and routing 12 Monitoring and troubleshooting PART 3 - SECURE BY DEFAULT 13 Backup, recovery, and replication 14 Data encryption 15 Securing information with Azure Key Vault 16 Azure Security Center and updates PART 4 - THE COOL STUFF 17 Machine learning and artificial intelligence 18 Azure Automation 19 Azure containers 20 Azure and the Internet of Things 21 Serverless computing

Law Notes Feb 01 2020

Free Hand Aug 21 2021 Derek Osbourne's life is mostly quiet. A routine that keeps him functioning, a job as a tattoo artist that keeps his rent paid and food in his belly, and if he's alone through it well, there are worse things to be. With his complicated past, Derek is sure no one would ever want to deal with the struggle that comes along with loving someone who has severe PTSD. Especially since the man who spent years abusing him is now in hospice, and Derek has taken over his end-of-life care.

Derek's resigned himself to living and dying alone, and maybe that's okay. Then one night, during a raging storm, Derek finds himself stuck in an ATM vestibule with a quiet stranger, and it's in that moment his world begins to change. Basil Shevach is new to Fairfield, taking over his dead aunt's florist shop. He's also Deaf in a small town, where he and his sister are the only ones not hearing. It's not to say he hates it there, but he's not sure Fairfield is the place for him. At least, not until one night, when a storm leaves him trapped inside the bank with a man quietly panicking against the glass door. He's immediately intrigued by this unbelievably attractive stranger with bright tattoos covering his arms and haunted eyes, but he's also bitter because he's dated a hearing man before and it ended as badly as it could go for him. He had resolved years ago to never make that mistake again, but somehow, the frightened man trapped with him in that little room, crawls under his skin and no matter what he tries, he can't seem to shake him.Will the two of them be able to find their way together, or will their pasts prevent them from being able to find happiness and contentment when they need it most?Free Hand is the first book in the Irons and Works series. Each book contains an individual storyline with no cheating and HEA.

Biology 2e Jan 26 2022

Introduction to Sociology 2e Sep 29 2019 Introduction to Sociology 2e adheres to the scope and sequence of a typical, one-semester introductory sociology course. It offers comprehensive coverage of core concepts, foundational scholars, and emerging theories, which are supported by a wealth of engaging learning materials. The textbook presents detailed section reviews with rich questions, discussions that help students apply their knowledge, and features that draw learners into the discipline in meaningful ways. The second edition retains the book's conceptual organization, aligning to most courses, and has been significantly updated to reflect the latest research and provide examples most relevant to today's students. In order to help instructors transition to the revised version, the 2e changes are described within the preface. The images in this textbook are grayscale. Authors include: Heather Griffiths, Nathan Keirns, Eric Strayer,

Susan Cody-Rydzewski, Gail Scaramuzzo, Tommy Sadler, Sally Vyain, Jeff Bry, Faye Jones *Psychopath Free (Expanded Edition)* Dec 25 2021 From the author of Whole Again comes a significantly expanded edition of Psychopath Free—containing new chapters, updated content, and real survivor experiences—that will help you recover from emotionally abusive relationships with narcissists, sociopaths, and other toxic people. Have you ever been in a relationship with a psychopath? Chances are, even if you did, you would never know it. Psychopaths are cunning charmers and master manipulators, to the point where you start to accept the most extreme behaviors as normal...Even if it hurts you. All around us, every single day, human beings devoid of empathy are wreaking havoc and destroying lives in the coldest, most heartless ways imaginable. In constant pursuit of money, sex, influence, or simple entertainment, psychopaths will do whatever it takes to gain power over others. They hide behind a veil of normalcy, arranging their friends and partners like pawns in a game of chess. Using false praise and flattery to get what they want, they can lure any unsuspecting target into a relationship. Once hooked, their charming promises spin into mind games and psychological torture. Victims are left devastated and confused, unable to recognize—or even put into words—the nightmare that just took place. Written from the heart, Psychopath Free is the first guide for survivors written by a survivor, offering hope for healing and thriving after psychopathic abuse. Say goodbye to the chaos, self-doubt, and victimization. You are free.

Tax-Free Retirement Jun 30 2022

Cactaceous Plants May 06 2020

Brain Lock Nov 23 2021 An estimated 5 million Americans suffer from obsessive-compulsive disorder (OCD) and live diminished lives in which they are compelled to obsess about something or to repeat a similar task over and over. Traditionally, OCD has been treated with Prozac or similar drugs. The problem with medication, aside from its cost, is that 30 percent of people treated don't respond to it, and when the pills stop, the symptoms invariably return. In Brain Lock, Jeffrey M. Schwartz presents a simple four-step method for overcoming OCD that is so effective, it's now used in academic treatment centers throughout the world. Proven by brain-imaging tests to actually alter the brain's chemistry, this method doesn't rely on psychopharmaceuticals. Instead, patients use cognitive self-therapy and behavior modification to develop new patterns of response to their obsessions. In essence, they use the mind to fix the brain. Using the real-life stories of actual patients, Brain Lock explains this revolutionary method and provides readers with the inspiration and tools to free themselves from their psychic prisons and regain control of their lives.

Automate the Boring Stuff with Python, 2nd Edition Mar 28 2022 The second edition of this best-selling Python book (over 500,000 copies sold!) uses Python 3 to teach even the technically uninclined how to write programs that do in minutes what would take hours to do by hand. There is no prior programming experience required and the book is loved by liberal arts majors and geeks alike. If you've ever spent hours renaming files or updating hundreds of spreadsheet cells, you know how tedious tasks like these can be. But what if you could have your computer do them for you? In this fully revised second edition of the best-selling classic Automate the Boring Stuff with Python, you'll learn how to use Python to write programs that do in minutes what would take you hours to do by hand--no prior programming experience required. You'll learn the basics of Python and explore Python's rich library of modules for performing specific tasks, like scraping data off websites, reading PDF and Word documents, and automating clicking and typing tasks. The second edition of this international fan favorite includes a brand-new chapter on input validation, as well as tutorials on automating Gmail and Google Sheets, plus tips on automatically updating CSV files. You'll learn how to create programs that effortlessly perform useful feats of automation to: • Search for text in a file or across multiple files • Create, update, move, and rename files and folders • Search the Web and download online content • Update and format data in Excel spreadsheets of any size • Split, merge, watermark, and encrypt PDFs • Send email responses and text notifications • Fill out online forms Step-by-step instructions walk

you through each program, and updated practice projects at the end of each chapter challenge you to improve those programs and use your newfound skills to automate similar tasks. Don't spend your time doing work a well-trained monkey could do. Even if you've never written a line of code, you can make your computer do the grunt work. Learn how in Automate the Boring Stuff with Python, 2nd Edition.

Eloquent JavaScript Oct 03 2022 JavaScript is at the heart of almost every modern Web application, whether it's Google Apps, Twitter, or the newest browser-based game. Though it's simple for beginners to pick up and play with, JavaScript is not a toy—it's a flexible and complex language that can be used to build full-scale applications. Eloquent JavaScript dives into this flourishing language and teaches you to write code that's beautiful and effective. By immersing you in example code and encouraging experimentation right from the start, the author quickly gives you the tools you need to build your own programs. As you follow along with examples like an artificial life simulation and a version of the classic game Sokoban, you'll learn to: –Understand the essential elements of programming: syntax, control, and data –Use object-oriented and functional programming techniques to organize and clarify your programs –Script the browser and make basic Web applications –Work with tools like regular expressions and XMLHttpRequest objects And since programming is an art that's best learned by doing, all example code is available online in an interactive sandbox for you to experiment with. With Eloquent JavaScript as your guide, you can tweak, expand, and modify the author's code, or throw it away and build your own creations from scratch. Before you know it, you'll be fluent in the language of the Web.

The Bait of Satan, 20th Anniversary Edition May 30 2022 Describes how to stay free from offense and escape the mentality of a religious victim, claiming that the feeling of victimization is one of the tools of Satan, and by overcoming offense, readers will strengthen their relationship with God.

Stars Without Number (Perfect Bound) Dec 13 2020 Stars Without Number is a science fiction role-playing game inspired by the Old School Renaissance and the great fantasy and science-fiction games of the seventies and eighties. * Compatible with most retroclone RPGs * Helps a GM build a sandbox sci-fi game that lets the players leave the plot rails to explore freely * World building resources for creating system-neutral planets and star sectors * 100 adventure seeds and guidelines for integrating them with the worlds you've made * Old-school compatible rules for guns, cyberware, starships, and psionics * Domain rules for experienced characters who want to set up their own colony, psychic academy, mercenary band, or other institution

Happiness Is Free Feb 12 2021 A series of seven lessons provides exercises and inspirational messages designed to offer guidance on living with happiness and truth in daily life.

Proofs from THE BOOK Aug 09 2020 According to the great mathematician Paul Erdös, God maintains perfect mathematical proofs in The Book. This book presents the authors candidates for such "perfect proofs," those which contain brilliant ideas, clever connections, and wonderful observations, bringing new insight and surprising perspectives to problems from number theory, geometry, analysis, combinatorics, and graph theory. As a result, this book will be fun reading for anyone with an interest in mathematics.

The Law Times Aug 28 2019

Creating Mobile Apps with Xamarin.Forms Preview Edition 2 Jun 18 2021 This second Preview Edition ebook, now with 16 chapters, is about writing applications for Xamarin.Forms, the new mobile development platform for iOS, Android, and Windows phones unveiled by Xamarin in May 2014. Xamarin.Forms lets you write shared user-interface code in C# and XAML that maps to native controls on these three platforms.

Lectures On Computation Jun 06 2020 Covering the theory of computation, information and communications, the physical aspects of computation, and the physical limits of computers, this text is based on the notes taken by one of its editors, Tony Hey, on a lecture course on computation given b

Chemistry 2e Apr 16 2021

the dietetic reformer, and vegetarian messegen a monthly record of moral and physical proess

volix third series Apr 04 2020
Fascial Fitness, Second Edition Jul 20 2021 A bestseller (over 80,000 copies sold) in a second, updated edition. Learn fascial exercises to improve mobility and flexibility, avoid and treat pain, and improve sports performance. In this second edition of his best-selling guide to fascial fitness, fascia researcher and Rolfing therapist Dr. Robert Schleip shows you a series of practical exercises that you can easily build into your day-to-day routine. He introduces the most recent scientific findings from the world of fascial research, and explains which methods and equipment are most effective for fascial health (as well as which ones do more harm than good!). These new findings are already changing the shape of physiotherapy and the methods of treatment and recovery we use today, and will continue to do so in the future. Physiotherapists, sports scientists, and doctors agree that if we want to stay flexible, energetic and pain-free in our day-to-day lives and sporting pursuits, we need to look after our connective tissue - our 'fascia'. There has been a great deal of research into this over the last few years, all of which shows that the fascia around our muscles plays a huge role in keeping us fit, healthy, flexible, and feeling good. This versatile tissue transfers energy to the muscles, communicates with the nervous system, acts as a sensory organ, helps to protect and regenerate our internal organs, and provides the foundations for a healthy physique. We used to think it was our muscles doing all the work, but now we know the connective tissue plays a big part, too. It responds to stress and other stimuli, and when it gets matted or sticks together, it can cause pain and mobility problems. That's why it's so important to train our fascia - and just 10 minutes, twice a week is all it takes!

The Journal of the Royal Artillery Dec 01 2019

United States Chess Federation's Official Rules of Chess, Fifth Edition Jul 08 2020 Explains all legal chess moves, and discusses the regulations governing tournaments, lifetime rankings, and tournament director certification.

Shipbuilding & Marine Engineering International Nov 11 2020

Pro Git Apr 28 2022 Git is the version control system developed by Linus Torvalds for Linux kernel development. It took the open source world by storm since its inception in 2005, and is used by small development shops and giants like Google, Red Hat, and IBM, and of course many open source projects. A book by Git experts to turn you into a Git expert Introduces the world of distributed version control Shows how to build a Git development workflow

Japanese for Busy People Book 1: The Workbook May 18 2021 4th Revised Edition of JAPANESE FOR BUSY PEOPLE, the most popular Japanese language textbook series in the world. Since it was first published in 1984, the focus of the Japanese for Busy People series has always been to teach Japanese for effective communication. Japanese for Busy People I: The Workbook for the Revised 4th Edition is for all learners who wish to improve their speaking and listening skills. It can be used in tandem with Japanese for Busy People I: Revised 4th Edition, both Kana Edition and Romanized Edition, or as independent study material. The workbook provides ample speaking and listening practice in the form of illustrated exercises that call on learners to construct dialogues and role-play in Japanese. Illustrations combined with conversations, which proceed at a natural pace in the audio recordings, help learners to feel as if they are actually experiencing each situation. Through repeated oral and listening practice, learners will come to acquire the rhythm of real-life Japanese conversation. Audio recordings can be downloaded for free from kodansha.us.

The Bass Handbook of Leadership Sep 21 2021 For more than three decades, Bernard Bass's handbook has been indispensable bible for every serious student of leadership. For thirty-three years and through three editions, Bass & Stogdill's Handbook of Leadership has been the indispensable bible for every serious student of leadership. Since the third edition came out in 1990, the field of leadership has expanded by an order of magnitude. This completely revised and updated fourth edition reflects the growth and changes in the study of leadership over the past seventeen years, with new chapters on transformational leadership, ethics, presidential leadership, and executive leadership. Throughout the Handbook, the contributions from cognitive social psychology and the social, political, communications, and

administrative sciences have been expanded. As in the third edition, Bernard Bass begins with a consideration of the definitions and concepts used, and a brief review of some of the betterknown theories. Professor Bass then focuses on the personal traits, tendencies, attributes, and values of leaders and the knowledge, intellectual competence, and technical skills required for leadership. Next he looks at leaders' socioemotional talents and interpersonal competencies, and the differences in these characteristics in leaders who are imbued with ideologies, especially authoritarianism, Machiavellianism, and self-aggrandizement. A fuller examination of the values, needs, and satisfactions of leaders follows, and singled out for special attention are competitiveness and the preferences for taking risks. In his chapters on personal characteristics, Bass examines the esteem that others generally accord to leaders as a consequence of the leaders' personalities. The many theoretical and research developments about charisma over the past thirty years are crucial and are explored here in depth. Bass has continued to develop his theory of transformational leadership -- the paradigm of the last twenty years -- and he details how it makes possible the inclusion of a much wider range of phenomena than when theory and modeling are limited to reinforcement strategies. He also details the new incarnations of transformational leadership since the last edition. Bass has greatly expanded his consideration of women and racial minorities, both of whom are increasingly taking on leadership roles. A glossary is included to assist specialists in a particular academic discipline who may be unfamiliar with terms used in other fields. Business professors and students, executives in every industry, and politicians at all levels have relied for years on the time-honored guidance and insight afforded by the Handbook.
Forecasting: principles and practice Oct 23 2021 Forecasting is required in many situations. Stocking an inventory may require forecasts of demand months in advance. Telecommunication routing requires traffic forecasts a few minutes ahead. Whatever the circumstances or time horizons involved, forecasting is an important aid in effective and efficient planning. This textbook provides a comprehensive introduction to forecasting methods and presents enough information about each method for readers to use them sensibly.
Interpretable Machine Learning Jul 28 2019 This book is about making machine learning models and their decisions interpretable. After exploring the concepts of interpretability, you will learn about simple, interpretable models such as decision trees, decision rules and linear regression. Later chapters focus on general model-agnostic methods for interpreting black box models like feature importance and accumulated local effects and explaining individual predictions with Shapley values and LIME. All interpretation methods are explained in depth and discussed critically. How do they work under the hood? What are their strengths and weaknesses? How can their outputs be interpreted? This book will enable you to select and correctly apply the interpretation method that is most suitable for your machine learning project.
Happiness is Free Nov 04 2022 "If freedom and joy are what you seek, I couldn't recommend this book more." —Rhonda Byrne, New York Times best-selling author of The Secret and The Greatest Secret Happiness Is Free is filled with profound insights and practical tools that will guide you to let go of painful feelings, unwanted thoughts, and negative stories and naturally open up to the happiness and unlimited potential that is within you right now. And it's easier than you think. Simple but powerful questions for self-inquiry and effective techniques will empower you to gently let go of what, just a moment ago, seemed like an unsolvable issue or overwhelming emotion—anything from anger and frustration to fear, anxiety, and stress. You'll learn how to apply easy-to-use practices for letting go—including Holistic Releasing, Triple Welcoming, and others—to find more joy and peace of mind in every area of your life. In each chapter, renowned teachers Lester Levenson and Hale Dwoskin (New York Times best-selling author of The Sedona Method) offer life-changing opportunities to break free from self-imposed blocks and rediscover the real, unlimited you—and the ultimate happiness that is your birthright. Their combination of

liberating insights, inspiration, and deep releasing explorations make this book a treasured companion for anyone who is seeking to navigate everyday life with greater ease, clarity, and sense of true purpose. "One of my most treasured books that changed my life is Lester's Keys to the Ultimate Freedom. It features Lester's words and insights drawn from decades of his teachings, and it is the only book that sits on my bedside table. Unfortunately the book has been out of print for a long time, but Hale Dwoskin has taken all of Lester's teachings from Keys to the Ultimate Freedom and put them in this new book, along with many of the releasing methods from the Sedona Method. You have the best of Lester's teachings and his methods in this one book, and if freedom and joy are what you seek, I couldn't recommend this book more. I used the Sedona Method occasionally over a ten-year period and found enormous benefit from it. Then, when I met my teacher -- who was a student of Lester Levenson's -- four years ago, Lester's releasing methods became a crucial part of my everyday life and my awakening." -- From the forward by Rhonda Byrne, New York Times best-selling author of The Secret and The Greatest Secret "Happiness is about remembering who you really are, and if you have forgotten, this book is an excellent reminder." —Deepak Chopra, author of The Seven Spiritual Laws of Success "If the roots of all suffering are attachments to the external, the roots of true joy are found only within. This book maps the ways to a profound state of peace." —James Redfield, author of The Celestine Prophecy "Be set free with the brilliance and insights in this book." —Mark Victor Hansen, co-creator of the #1 New York Times best-selling series Chicken Soup for the Soul® "Once in a human while, an individual comes along who has unlocked the secrets of happiness and opens the door for others to follow. Lester Levenson was such a one.... Happiness Is Free offers rare and penetrating insight into the freedom we all long for. This book can take you home." —Alan Cohen, author of The Dragon Doesn't Live Here Anymore Instructional Materials Price List and Order Form Mar 16 2021
Ghost Letters Oct 11 2020 In Ghost Letters, one emigrates to America again, and again, and again, though one also never leaves Senegal, the country of one's birth; one grows up in America, and attends university in America, though one also never leaves Senegal, the country of one's birth; one wrestles with one's American blackness in ways not possible in Senegal, though one never leaves Senegal, the country of one's birth; and one sees more deeply into Americanness than any native-born American could. Ghost Letters is a 21st century Notebook of a Return to the Native Land, though it is a notebook of arrival and being in America. It is a major achievement. —Shane McCrae
The Life You Can Save Feb 24 2022 For the first time in history, eradicating world poverty is within our reach. Yet around the world, a billion people struggle to live each day on less than many of us pay for bottled water. In The Life You Can Save, Peter Singer uses ethical arguments, illuminating examples, and case studies of charitable giving to show that our current response to world poverty is not only insufficient but morally indefensible. The Life You Can Save teaches us to be a part of the solution, helping others as we help ourselves.

The Publishers' Circular and Booksellers' Record Oct 30 2019
Pain Free Aug 01 2022 Starting today, you don't have to live in pain. "This book is extraordinary, and I am thrilled to recommend it to anyone who's interested in dramatically increasing the quality of their physical health."—Tony Robbins That is the revolutionary message of this breakthrough system for eliminating chronic pain without drugs, surgery, or expensive physical therapy. Developed by Pete Egoscue, a nationally renowned physiologist and sports injury consultant to some of today's top athletes, the Egoscue Method has an astounding 95 percent success rate. The key is a series of gentle exercises and carefully constructed stretches called E-cises. Inside you'll find detailed photographs and step-by-step instructions for dozens of e-cizes specifically designed to provide quick and lasting relief of: • Lower back pain, hip problems, sciatica, and bad knees • Carpal tunnel syndrome and even some forms of arthritis • Migraines and other headaches, stiff neck, fatigue, sinus problems, vertigo, and TMJ • Shin splints, varicose veins, sprained or weak ankles, and many foot ailments

• Bursitis, tendinitis, and rotator cuff problems Plus special preventive programs for maintaining health through the entire body. With this book in hand, you're on your way to regaining the greatest gift of all: a pain-free body!

Mr. Serjeant Stephen's New Commentaries on the Laws of England Jan 14 2021

High Cost of Free Parking Sep 02 2022 Off-street parking requirements are devastating American cities. So says the author in this no-holds-barred treatise on the way parking should be. Free parking, the author argues, has contributed to auto dependence, rapid urban sprawl, extravagant energy use, and a host of other problems. Planners mandate free parking to alleviate congestion, but end up distorting transportation choices, debasing urban design, damaging the economy, and degrading the environment. Ubiquitous free parking helps explain why our cities sprawl on a scale fit more for cars than for people, and why American motor vehicles now consume one-eighth of the world's total oil production. But it doesn't have to be this way. The author proposes new ways for cities to regulate parking, namely, charge fair market prices for curb parking, use the resulting revenue to pay for services in the neighborhoods that generate it, and remove zoning requirements for off-street parking.

The Accountant Mar 04 2020

Alcoholics Anonymous Jun 26 2019 The basic text for Alcoholics Anonymous.